



# Parks & Recreation Department

MAKING LIVES BETTER!



# GET GOLF READY



Get Golf Ready is designed to teach players everything needed to play golf in just a few lessons! PGA and LPGA professionals show golfers lots of ways to play by combining fun, friends and fitness. Put skills into action in a casual, friendly setting. **No equipment needed!**



## Discover the Game and Love It for Life!

**Emerald Lakes Golf Course - 10651 E. Stockton Blvd. Elk Grove, CA 95624**

## 4 Lessons For Only \$99!



### Session 1

Saturday, 11/3/18

- Warming up, stretching and wellness tips
- The best ways to hold a club
- Chipping, pitching and other shots from short distances
- Caring for the course
- Getting comfortable with the full swing

### Session 2

Saturday, 12/8/18

- Using irons to get the ball in the air and onto the green
- Learning the 'lingo'
- Having more fun using 'It's Okay' as the way to play

### Session 3

Saturday, 1/12/19

- Swinging a driver and other 'big' clubs to hit long shots
- Play from the correct tee markers — use TEE IT FORWARD to have more fun
- Helpful shortcuts to save time while playing

### Session 4

Saturday, February 16

- Review skills and play a few holes
- Tips for playing after program completion
- Getting more comfortable on the course & carts
- More opportunities to come back and play golf



For more information, call (916) 685-GOLF (4653) • [yourcsd.com](http://yourcsd.com) •   